



LES MISSION STATEMENT –

"Increasing Reading Comprehension & Expressive Writing Across the Curriculum"

Issue 24

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Lakenheath Elementary School

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Isles District, DoDDS-E

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Dates to Remember



02 Mar – Dr Seuss Read Across America
 – School Cafeteria, 8:30am
 06 Mar – New Parent Coffee – see article
 18 Mar – Rocky's Café, 2nd & KG
 19 Mar – Rocky's Café, 1st & 3rd

LUNCH MENU

(Optional choice is for 2nd / 3rd grade)



2 Mar: Mini Chicken Sandwich (or Beef Frank on a Bun), Baked Beans, Garden Side Salad, Orange Wedges, Fruited Jell-O, and Milk

3 Mar: Pepperoni Pizza (or Grilled Turkey & Cheese), Seasoned Corn, Garden Side Salad, Fruit Cup, Fruited Jell-O, and Milk

4 Mar: Soft Taco w/Cheese (or Chicken Quesadilla), Carrots/Broccoli/Cauliflower, Chilled Pears, Blueberry Muffin, Fruited Jell-O, and Milk

5 Mar: Spaghetti w/Meat Sauce (or Chef Salad), Green Beans, Chilled Fruit Cocktail, Garlic Toast, Fruited Jell-O, and Milk

6 Mar: Baked Chicken Fries (or Baked Baja Fish Sticks), Pasta Salad, Cucumber & Carrot Sticks, Banana, Dolphin Crackers, and Milk

Check out the month's menu at:
<http://odin.aafes.com/nutrition/08/index.html>

The Principal's Column

NEW PARENT COFFEE



A *New Parent Coffee* will be held on March 6th at 0930 in the Lakenheath Elementary School conference room. The New Parent Coffee provides an opportunity for parents of students new to LES to meet with school administrators and other staff members in an informal setting.

The agenda includes a brief slide show about LES, a review of school policy and procedures as outlined in the Student Parent Handbook, and a brief walking tour of the facility. While the purpose of the gathering is primarily for parents that are not familiar with our school, all parents are welcome to attend. Hot beverages and cookies will be available.

If you are interested, please contact Kathy Terry in the main office at 226-3721 by Mar 5th with how many will be attending from your family. This will help us plan in advance for handouts and refreshments. We look forward to meeting with you!

ATTENDANCE REPORTING PROCEDURES



If you need to report your child absent or late, please contact the school by **email at** les.attendance@eu.dodea.edu or on **01638-523721 / 226-3721**. Due to

circumstances beyond our control, we do not have a service where you can leave a message at this time. We thank you for your patience and understanding.

GOLDEN ROCKY'S



Eight students received their Golden Rocky award today. Congratulations to all!

DON'T MISS THE EAGLE EXPRESS!



Check out the school's website at <http://www.lake-es.eu.dodea.edu/> for articles and information you might find useful, including back-issues of the Eagle Express.

TERRA NOVA TESTING FOR 3RD GRADE

Counselor's Office



During the week of 9-13 Mar, the Terra Nova test will be administered to our third grade students. Make-up testing will be the following week March 16-20. Testing will occur each morning before 12:30. Parents can prepare their children for testing situations by:

- ✓ Modeling a positive attitude towards testing
- ✓ Telling their child(ren) that everyone passes at his/her level and to try his/her best
- ✓ Trying not to schedule any appointments during the testing dates (10-13 Mar, 08:15-12:30)

- ✓ Providing a healthy breakfast and nutritious snack each day
- ✓ Reducing pressure by keeping your child relaxed, well rested and in comfortable clothes

Thank you for your support. Please call 01638-523721 or 226-3721 and ask for the 3rd grade counselor, if you have any questions.

SPRING REGISTRATION

Registrar



Spring Registration is around the corner. LES will be conducting a weeklong registration during 30 Mar-3 Apr. Please note that registration is required for all returning students. We will also accept registration packets for new kindergarten students. **Please remember new kindergarten students must be 5 on or before 1 Sep to qualify.** See below for dates, times, and locations.

30 Mar – Lakenheath Elementary School (0830-1530)
 31 Mar – Liberty Intermediate School, RAF Lakenheath (0900-1500)
 1 Apr – Bob Hope Community Center, RAF Mildenhall (0900-1500)
 2-3 Apr – Lakenheath Elementary School (0830-1530)

The sponsor or the sponsor's spouse must sign the registration forms. Please bring in a current copy of your orders and your child's immunization records. If your DEROS date has changed, then we will also need a copy of your DEROS extension or any other official documentation to support the new DEROS date. Birth certificates are needed for all parents registering new kindergarten students.

Lakenheath Elementary will be sending out registration forms to your mailboxes next week. Please complete and make any necessary corrections on these sheets and bring them with you to registration.

Please contact me at Diana.panchal@eu.dodea.edu or 226-3721 if you have any questions.

IS YOUR CONTACT INFORMATION UP-TO-DATE?

Registrar



It is vital for LES to have current and accurate contact information on all of our students in case of an emergency. If any of your information has changed recently, please complete the attached form and send to our main office.

CHILD FIND

PSCD Dept



Child-Find is a partnership program sponsored by DoDDS and military family support agencies to identify dependent children from birth to 21 years of age who may be eligible for special education services. This includes students who are health impaired, communication impaired, emotionally impaired, whose academic achievement is significantly below the expected norm, and those needs cannot be met in a regular instructional program. Individual Educational Plans will be developed for those children eligible for services. If you know of any child that may need to be evaluated in any of the above categories, contact our Child Study Committee secretary at 226-3734.

JUMP ROPE FOR THE HEART

Physical Education Dept



Jump Rope for Heart was a great success and a lot of fun!



LES students and their teachers came down to the gym last Friday the 20th to jump rope and raise money for the American Heart Association. We were joined by the Blue and White Rope Skippers from Stratford-Upon-Avon.



The skippers helped our students learn new tricks and turned the long ropes for them. The Blue and Whites had as much fun working with us as we had with them!



Our day finished with an amazing demonstration from the Blue and White Rope Skippers.



The deadline for turning in donation envelopes is next Monday, March 2. If you need more time, please let your child's gym teacher know. It's not too late to turn in a donation! Remember the online donation service is available to us now. Go to the site:

www.americanheart.org/jump and click on the link to raise money online. When it asks for your state, click on *Pennsylvania*, and then click on "L" for Lakenheath Elem. School. Each student that receives one or more online donations will be automatically entered in a statewide raffle for a Nintendo Wii!

Remember to print out a record of your online donation to put in your child's envelope so that there is a record of the total amount they have raised. So far, our students and their families have raised over \$4,500.00 for the American Heart Association! Great Job! Thank you for your support in making this event a fantastic success!

GYMNASTICS IS HERE!

Physical Education Dept



This is a reminder for students and parents that our gymnastics unit will begin March 3 in physical education classes. In order for all students to participate safely and to the best of their ability, we are asking them to remember the following guidelines when getting ready for PE class from March 2 until the first week in April.

- ✓ Only sweats or leggings that do not touch the floor when in stocking feet are acceptable (we don't want anyone to trip on their pants when they're up on the balance beam!).
- ✓ No jeans please. Also, please no baggy, floppy clothes, (clothes that allow for stretching and movement are great, just no really baggy things please!).

- ✓ No jewelry (no necklaces, rings, hoop earrings, etc. Post or stud earrings are ok) or watches for the safety of the students as well as the jewelry.

If you have any questions please contact the physical education teachers at 226-3721 or 01638-523721. Thank you!

"PUPDATE" FROM ANNIE, OUR SCHOOL GUIDE DOG

Host Nation Dept



At the time of writing this, I (Annie) am almost 8mths old (just a week off). I am also in season, which means I am getting to be a big girl. I weigh about 26kg in weight and have grown quite a lot. I am still as adorable as when I arrived at my puppy walker's house. Not a day goes past when I don't hear comments or people coming up to me to say how beautiful I am. Of course I have to flop on the floor then so they can rub my belly. I still have those long ears – part of the retriever in me, I guess.

When out walking I love to take the lead. Quite often now (providing I'm concentrating on my job) I can find left and right and also the crossing. I'm a bit cheeky now when I do my routine walk in the local village (which is where my walker's bank is). I just trot off with my walker in tow and take her to the bank door, even if she doesn't need to go there!

We have had quite a lot of snow and my walker tells everyone that I am just like a child. I get so excited I jump up to catch the snow flakes, then run with my nose on the ground scooping up the snow like a plough. I also like to roll snowballs with my nose. It gets a bit cold though! Of course, when the snow has melted there is nothing better than running through the big puddles. Best not tell

Guide Dogs that as not sure if I should do that!

I have made lots of friends and my bestest friend is Kayia, a Leonberger who isn't as special as me because she's not training to be a guide dog, but we love to play and run around. I often hear my walker say that I have a lovely temperament and am very kind. I have to sit very patiently for my food. It is so nice that I drool quite a lot and the best bit is licking out of my friends bowls, Barney and India – the dogs that I live with. The bowls do make a lot of noise as I move them around, but I don't mind.

My walker gets me to go everywhere with her. I love going in the lifts and going on the trains and buses. I even get to go into restaurants! I feel very important because there aren't any other dogs in there. I end up fast asleep under the table because it's quite boring. Did you know they have very loud noisy machines out in the roads digging holes? I have to walk past them. I did stop to watch them at first, but not any more, I just peep out of the corner of my eye to see what they're doing. They don't scare me!

I think my walker and her supervisor are very proud of me, which is great because it means I get extra treats.....Lots of Love, Annie
xxxxx



A recent photo of Annie with her puppy walker's daughter, and Barney & India in the snow.



LAKENHEATH ELEMENTARY SCHOOL
SPONSOR INFORMATION UPDATE

Indicate any changes that should be made to your information. Items marked * are required. **PLEASE PRINT CLEARLY**

1ST CHILD'S NAME *		TEACHER *	
2ND CHILD'S NAME * (if applicable)		TEACHER *	
SPONSOR *		RANK	DUTY PHONE
HOME ADDRESS			
PRIMARY E-MAIL ADDRESS (see note 1)		HOME PHONE (see note 2)	
SECONDARY E-MAIL ADDRESS		SPONSOR CELL PHONE	
DEROS CHANGE (see note 3)		SPOUSE CELL PHONE	
Month		Year	
EMERGENCY CONTACT 1 (see note 4)			
Name	Home Phone	Cell Phone	
Home Address			
EMERGENCY CONTACT 2 (see note 4)			
Name	Home Phone	Cell Phone	
Home Address			

Note 1: Primary e-mail address is used to send weekly parent newsletter and other important information. DoDDS has a block on accounts such as HOTMAIL, GMAIL and YAHOO. Therefore, if you have one of these accounts, you may not receive this information.

Note 2: Some phones have a block on calls from the base and therefore do not receive incoming calls from us. It is essential that we have a number where we can easily contact you.

Note 3: Any change in DEROS requires supporting paperwork such as copy of orders/computer printout.

Note 4: Emergency Contact should be someone in the local area we can easily get hold of when we are unable to contact sponsor or spouse.

